



Riverview Reporter



Champions Inspired by Values

Term 2 Week 3

From the Head's Desk

02 May 2024

With South Africa heading to the polls on the 29 May and the whole world in a rather tumultuous state, it is so easy to focus on the negative. This is really dangerous, as negativity feeds off negativity and in time it becomes a habit and a way of life.

Shawn Doyle, an author and an Executive and Life Coach says that he has found that most of the successful people he has met, have made it a rule to avoid negative people. He lists several reasons why this is so, here are just a few:

1. Negative people can affect your attitude

If you choose to listen to negative people, or choose to believe what they say, it will affect your attitude about being successful. Negative people try to discourage you and try to drag you down. As Robert Tew once said, "Don't let negative and toxic people rent space in your head. Raise the rent and kick them out."

2. Negative feedback from negative people affects your thinking

Negative people are ESV's (energy sucking vampires!). The problem with negative people is if you hang around with them enough, and listen to them long enough, they start impacting your thinking, and you soon realize that instead of thinking positively you are thinking negatively.

3. Life is too short

Do you really want to spend your time being around negative and grumpy people? They make your life miserable. To live a quality life, limit contact time with negative people and increase your contact with positive people, it will bring you joy and happiness.

4. Negative reinforcement versus positive reinforcement

Negative people reinforce anything negative you say, and give you all the reasons why you're right in your toxic thinking. Positive people will convince you that you are wrong and that you can do it. As Joel Osteen once said "you cannot hang out with negative people and expect to live a positive life."

5. Negative people love and actively seek out drama

Negative 'friends' always have many dramatic things going on in their lives. Regardless of help offered, they actually relish and enjoy the drama. As Tony Gaskins said "negative people need drama like oxygen, stay positive, it will take their breath away."

If you can remove negative people from your life you will be more successful, far more productive and much happier. Life IS worth living; people and situations can change; positivity raises hope and, to live a life without hope can never be an option.

Have a great weekend.

Brendan Bailey

Week ahead:

Grade 4-7 Standardised Test: 06 - 10 May: Mathematics.

Thursday 02 May - U/9-Open Netball @ Clivia.

Wednesday 08 May - U/11-Open Netball & Soccer v Flamboyant @ RPS.

Thursday 09 May - Pre-school Mother's Day Evening.

Friday 10 May - Grade 7 Mother's Day Market.

Friday - Mini Netball & Tag Rugby @ Uplands.

Saturday 11 May - Selati @ Malelane Rugby Club.

Selati Fun Run

Riverview will be participating in the Selati fun run that will take place on Saturday 11th May 2024 at the Malelane Golf Club.

Final order forms and monies to be sent to school by tomorrow please!

An entry form and R50 is required for every child for the 2km ; 4.9km fun run.

An entry form and R50 is required for every parent/guardian for the 2km ; 4.9km fun run.

All children that are running/walking the 2km or 4.9km race must be accompanied by a parent/guardian/adult.

- * Please ensure details are filled out clearly and correctly.
- * Please put your child's grade on family and friends entry form so Selati tags can be sent home with your child.
- * Please staple/group family entry forms together to make it easier for us to send the Selati fun run race numbers home with the correct children.

Adults must book online for the 10km and 21km race directly at www.entrygeek.co.za



Play News

There will be a play rehearsal for the children in Scenes 4, 5, 6 and 7 **ON Monday 6th May from 14.00 – 15.00.**

The children's names involved will be on the notice board outside the office.

Play costumes need to be in soon. Please make sure they are bought/made and handed in to their teachers as soon as possible.

Exciting Updates from Riverview Sport's desk

In the spirit of celebration and progress, we are thrilled to share some recent achievements and developments within our vibrant sports community.

Firstly, a round of applause for Mrs Lize-Marie Dreyer, who has successfully completed her Level 3 netball umpire course. Mrs Dreyer's dedication and commitment to refining her skills is commendable, and we look forward to witnessing her officiating prowess on the netball court.

On the cricket front, we extend a warm congratulations to Divan Bezuidenhout, who has been drafted into the Blyde River Raiders U/10 MPL cricket team. Divan's inclusion adds depth and talent into the roster being the only U/9 been drafted, and we anticipate exciting performances from him in the upcoming matches.

In coaching news, we are proud to announce Wesley Carter as the newly appointed Blyde River Raider Coach. With his wealth of experience and passion for the game, Wesley is poised to lead the team to new heights, instilling values of teamwork, discipline, and sportsmanship along the way.



Amidst these significant developments, our tag rugby and netball teams continue to shine brightly, showcasing their prowess and determination with some outstanding results. Their dedication to excellence is a testament to the hard work and camaraderie within our school.

As we forge ahead into the season, let us rally behind our athletes, coaches, and officials, supporting them every step of the way. Together, we embody the spirit of sportsmanship and unity that defines our beloved Riverview Prep. Here's to many more victories and milestones ahead!

Senior Primary Camp

Tuesday, 23rd of April saw the Grade 4, 5, 6 & 7 pupils and their teachers board the Citibug busses with much excitement and a little trepidation as to what the next four days would hold. We arrived safely at the Queen River Adventure Camp and after everyone was put into groups, filled their water bottles and received their lunch bags – we all set off on a 14km hike to the bush camp. Fortunately we were able to stop and have a necessary cold swim and enjoy our lunch before we set off on the last stretch. Whoops of delight – we had reached our tented camp and settled into our tents before the activities began.

Each evening after supper we settled around the camp fire and worked on and presented raps songs, war cries and on the final night we had our very own Simon judging 'Riverview Has Got Talent.' Each group had a turn to stand guard around the fire and spend time chatting to the facilitators.

The days were spent following a map of rotational challenges designed to stretch and encourage us by our expert facilitators which included crossing the river with a guide rope, crossing a blue net that was suspended over the river while being blindfolded and swinging on a tyre over the river, learning how to throw knives, crawling through mud and finally ending it all by slip-sliding down a water slide.

There were also opportunities given to enter into group discussions to discuss themes relevant to today's issues.

When it comes to the most important part of any camp ... FOOD ... everyone devoured everything on their plates – and came back for seconds! A huge thank you to our marvellous chefs who went beyond expectations when preparing our camping food and who will ever forget those huge, fluffy flapjacks with syrup and bacon for our final breakfast!

We all arrived back home on Friday – tired, but happy to see our parents.

Thank you to our parents for making this tour financially possible for our pupils to enjoy and to Mr Bailey for his support and encouragement during the planning of this trip.





Pre-Primary News

This week the Cubs learnt all about the life cycle of a butterfly. A butterfly lays eggs on the leaves of a plant. The caterpillar first feed on the egg shell from which it is born then start eating leaves and start to grow. Caterpillars stop eating when they are big. Caterpillars form a protective layer around itself call a chrysalis or cocoon. The caterpillar is now called a pupa. The pupa remains very still and undergoes lot of changes in the chrysalis. After 15 days a beautiful butterfly emerges out.



The Grade 000s went home with delightful penguin hats on International Penguin Day to tell their families all about these special birds.



The Grade 00 class concluded their Autumn theme with some fine motor exercises to strengthen their finger muscles. “ Before we ever put a pencil in a child’s hands, those hands should dig, climb, press, pull, squish, twist and pinch in a wide array of environments and with a variety of materials.” – Amanda Morgan



The Grade 0s made cute owls from clay as a bird theme project.



"Kind words are like honey - sweet to the soul and healthy for the body"

Proverbs 16:24 NLY



Moms in Touch would like to invite you to join us to pray for our children and our wonderful school. Tuesday mornings under the school trees. God works through praying Mothers. Covering your children in prayer, will help give you peace for every aspect of their lives!

If you would like to join or if you have any prayer requests you can contact Liziwe on 082 480 3138.

When we try, we fail. When we trust, He succeeds.

Corrie Ten Boom.



AUTUMN SPLASH DEVELOPMENT GALA

04 May 2024

Ages 3 to 13

Learn to swim and Level 1.

Open to club and non club swimmers.

Entry fee: R50 per swimmer

- * Noodle Race (Learn to swim)
- * Kick-Board Race (Learn to swim)
- * 25m Breast stroke
- * 25m Free stroke
- * 25m Back stroke

LIMITED SPACE
CLOSING DATE FOR ENTRIES 25 APRIL 2024

SWIM COSTUME, CAP, GOGGLES AND SUNSCREEN IS ESSENTIAL

Lucky Draw prizes
up for grabs!!!!

Food stall will be available!

NSAD Office:
0719276326



aQuelle



Made with PosterMyWall.com

PORTUGUESE Festa

SUNDAY
26 MAY 2024

MALELANE CATHOLIC CHURCH

09H00
MASS WITH PROCESSION

12H00
FESTIVITIES BEGIN

Traditional Food
& Drinks

Portuguese &
Local Music

Kids Entertainment

COME AND ENJOY THE
PORTUGUESE TRADITION

